NORTHERN KARATE SCHOOLS
CALENDAR OF EVENTS
11160 YONGE STREET,
RICHMOND HILL (905) 508-5811

October

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
hello fall					
			EXPLOSIVE BASICS+KATA	2 POUND THE PAD FRIDAY	3 1-10 KATA & SD
Sparring Week					
Stripe Week					
19 BRING A FRIEND TO TRAIN DAY	20 2 PERSON KATA	21 JUMP, SKIP & SPIN KICKS	22 SWEEPS & THROWS	23 KARATE CIRCUITS	24 OPEN HOUSE
26 MAKEOVER MONDAY	27 SPAR N SWEAT	CURRICULUM CHECK NIGHT	29 GRADING NIGHT	30 STICK DEFENCE	31 TRAIN IN YOUR COSTUME

Events

OCTOBER IS BREAST CANCER AWARENESS MONTH. DONATE NOW TO WEAR A PINK BELT

KYOSHI'S BUDO BLISS®
Thursday, October 8TH
8-9PM

OPEN HOUSE EVENT
Saturday,October 24th
See Flyer for Details

BRING A FRIEND TO TRAIN DAY
Monday,October 19th

GRADING NIGHT
Thursday, October 29th
NO REGULAR CLASSES

HALLOWEEN PARTY
Regular Class Schedule
TRAIN IN YOUR COSTUME