



# Northern Karate Schools Ajax Class Schedule Effective: February 27, 2023

**338 Rossland Road East Ajax, ON L1Z 0L9 Tel: 905-683-0777 Email: [ajax@northernkarate.com](mailto:ajax@northernkarate.com)**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Kids Classes</b>	<b>Kids Classes</b>	<b>Kids Classes</b>	<b>Kids Classes</b>	<b>Kids Classes</b>	<b>Kids Classes</b>
White Ages 4 – 7 4:10 – 4:40 pm	BBM 1 Yellow–Yellow Adv. Ages 4 – 7 4:10 – 4:45 pm	White Ages 4 – 7 4:10 – 4:40 pm	Blue Adv. - Purple Adv. All Ages 4:10 – 4:45 pm	White Ages 4 – 7 4:10 – 4:40 pm	White Ages 4 – 7 9:00 – 9:30 am
BBM 1 Yellow–Yellow Adv. Ages 4 – 7 4:40 – 5:15 pm	White Ages 4 – 7 4:45 – 5:15 pm	BBM 1 Yellow–Yellow Adv. Ages 4 – 7 4:40 – 5:15 pm	White Ages 4 – 7 4:45 – 5:15 pm	BBM 1 Yellow–Yellow Adv. Ages 4 – 7 4:40 – 5:15 pm	BBM Yellow–Orange Adv. All Ages 9:30 – 10:05 am
BBM 2 Orange – Blue Ages 4 – 7 5:15 – 5:50 pm	Masters Brown – Brown Adv. All Ages 5:15 – 5:50 pm	BBM 2 Orange – Blue Ages 4 – 7 5:15 – 5:50 pm	Masters Brown – Brown Adv. All Ages 5:15 – 5:50 pm	BBM 3 Yellow – Orange Ages 8 – 13 5:15 – 5:50 pm	BBM Green – Blue Adv. All Ages 10:05 – 10:40 am
Blue Adv. – Purple Adv. All Ages 5:50 – 6:25 pm	BBM 4 Green – Blue Ages 8 - 13 5:50 – 6:25 pm	Blue Adv. - Purple Adv. All Ages 5:50 – 6:25 pm	BBM 4 Green – Blue Ages 8 - 13 5:50 – 6:25 pm	White Ages 8 – 13 5:50 – 6:20 pm	Black Belt+ Youth 10:40 – 11:15
White Ages 8 – 13 6:25 – 6:55 pm	BBM 2 Orange – Blue Ages 4 – 7 6:25 – 7:00 pm	White Ages 8 – 13 6:25 – 6:55 pm	BBM 2 Orange – Blue Ages 4 – 7 6:25 – 7:00 pm	Black Belt+ Youth 6:20 – 6:55 pm	White Ages 8 – 13 11:15 – 11:45 am
BBM 3 Yellow – Orange Ages 8 – 13 6:55 – 7:30 pm	White Ages 8 – 13 7:00 – 7:30 pm	BBM 3 Yellow – Orange Ages 8 – 13 6:55 – 7:30 pm	White Ages 8 – 13 7:00 – 7:30 pm	BBM 4 Green – Blue Ages 8 - 13 6:55 – 7:30 pm	Masters Brown – Brown Adv. All Ages 11:45 am - 12:20 pm
Masters Brown – Brown Adv. All Ages 7:30 – 8:05 pm	Blue Adv. - Purple Adv. All Ages 7:30 – 8:05 pm	Black Belt+ Youth 7:30 – 8:05 pm	BBM 3 Yellow – Orange Ages 8 – 13 7:30 – 8:05 pm	Blue Adv. – Purple Adv. All Ages 7:30 – 8:05 pm	<b>*Candidates' Class</b> 1:20 – 2:30 pm <b>*Invite Only</b>
<b>*Black Belt+ Adults</b> 8:05 – 8:40 pm	<b>*Black Belt+ Adults</b> 8:05 – 8:40 pm	BBM 4 Green – Blue Ages 8 - 13 8:05 - 8:40 pm	<b>*Black Belt+ Adults</b> 8:05 – 8:40 pm	Masters Brown – Brown Adv. All Ages 8:05 – 8:40 pm	<b>*STAFF TRAINING &amp; MEETING</b> 2:30 – 4:00 pm <b>*Invite Only</b>
<b>Adult Classes</b>	<b>Adult Classes</b>	<b>Adult Classes</b>	<b>Adult Classes</b>	<b>Adult Classes</b>	<b>Adult Classes</b>
Adult Novice 8:40 – 9:20 pm	Adult Novice 8:40 – 9:20 pm	Adult Novice 8:40 – 9:20 pm	Adult Novice 8:40 – 9:20 pm	Adult Novice 8:40 – 9:20 pm	Adult Novice 12:20 – 1:00 pm
Adult BBM/Masters 8:40 – 9:40 pm	Adult BBM/Masters 8:40 – 9:40 pm	Adult BBM/Masters 8:40 – 9:40 pm	Adult BBM/Masters 8:40 – 9:40 pm	Adult BBM/Masters 8:40 – 9:40 pm	Adult BBM/Masters 12:20 – 1:20 pm
<b>Social Media</b>  <a href="http://www.northernkarate.com">www.northernkarate.com</a>  Northern Karate Ajax		<b>STARS</b> You can earn a Personal Best Star Award when you achieve all 8 individual stars:		Attendance, Academics, Conduct, Grading Exam, Leadership, Mind, Service & Spirit!	
				<b>LAST WEDNESDAY OF EACH MONTH IS GRADING NIGHT. ALL REGULAR CLASSES ARE CANCELLED.</b>	
				<b>*Black Belt+ continues into the Adult Novice/BBM @ 8:40 pm on Mondays, Tuesdays, and Thursdays</b>	
<b>Student Creed:</b> I promise to become the best possible person I can be.		With honesty in my heart, confidence in my mind, and strength in my body.		<b>What is your goal?</b> BLACK BELT EXCELLENCE!	
				<b>What is your quest?</b> PERSONAL BEST!	

• **Dojo is closed on Sundays**