

NORTHERN KARATE MARKHAM

| | S | M | T | W | T | F | S |
|------------------------|---|---|---|---|-----------------------------------|------------------------|---|
| | | | | 1 | 2 REQUIRED KATA | 3 | 4 REQUIRED KATA |
| | 5 | 6 REQUIRED KATA | 7 BELT TESTING NO REGULAR CLASSES | 8 REQUIRED KATA | 9 BBM/MASTERS KNIFE DEFENCE | 10 REQUIRED KATA | 11 |
| STRIPE WEEK | 12 | 13 | 14 HAPPY VALENTINE'S DAY!! | 15 COMBAT FITNESS 7:40 WITH RENSHI BRANDON NO GI | 16 REQUIRED KATA | 17 | 18 DOJO CLOSED FAMILY DAY WEEKEND |
| | 19 DOJO CLOSED FAMILY DAY WEEKEND | 20 DOJO CLOSED FAMILY DAY WEEKEND | 21 | 22 REQUIRED KATA | 23 | 24 REQUIRED KATA | 25 |
| | 26 | 27 | 28 REQUIRED KATA | www.nksmarkham.com | | | |



FAMILY & FRIENDS
 Receive a **FREE** month for each friend/family member who signs up as a new member.
 Our **ONLY** promotion of the year ends February 28th.

2023
FEBRUARY

905.475.0044

