

Northern Karate Schools - Ajax
338 Rossland Rd. East (905) 683-0777

SEPTEMBER 2022 www.northernkarate.com



NEWS & EVENTS...



Happy Birthday NKS Ajax!
 We are celebrating 8 years
 on September 2nd, 2022.
 Thank you to all students
 & parents for your support
 and being a part of our
 NKS family.















Dojo Closed...
 Sept. 3rd & 5th for
 Labour Day Long
 Weekend.

Fall Special

Free Mini Duffle Bag when you
 enroll in a
 Novice Program.
 See Office for Details.
 *new members only
 *valid until Sept. 30th or while
 supplies last



NKS Ajax wishes all our
 students & families a safe &
 healthy return to school.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>"The fight is won or lost far away from witnesses - behind the lines, in the gym, and out there on the road, long before I dance under those lights." ...Muhammad Ali</p>				<p>Clean Basics¹</p> 	<p>生日快樂²</p> <p>Happy Birthday NKS Ajax</p>	<p>Sorry We're CLOSED³</p>
<p>C⁴</p>	<p>LABOUR DAY⁵</p> <p>Sorry We're CLOSED</p>	<p>Break Falls⁶</p> 	<p>SELF DEFENSE Basic⁷</p>	<p>SPARRING⁸</p> 	<p>Bo Basics & Kata⁹</p> <p>Black Belts Oar</p>	<p>Nunchaku Saturday¹⁰</p> 
<p>O¹¹</p>	STRIPE WEEK					
<p>E¹⁸</p>	<p>Weapons Training¹⁹</p> 	<p>Point Sparring²⁰</p> 	<p>Sensei Josiah's Jump Kick Workshop²¹</p> 	<p>Work Your Rolls²²</p> 	<p>Heian Kata Review²³</p> 	<p>Intermediate SD²⁴</p>
<p>NKS 50th Anniversary Special Seminars²⁵ *See Flyer for Details</p>	<p>Fit to Fight²⁶</p> 	<p>Skills Review²⁷</p>	<p>GRADING NIGHT²⁸</p> 	<p>Pad Power!²⁹</p> 	<p>ORANGE T-SHIRT DAY³⁰</p> <p>NATIONAL DAY OF TRUTH AND RECONCILIATION</p>	<p>Karate Begins & Ends With RESPECT</p>