

NORTHERN KARATE MARKHAM

S	M	T	W	T	F	S
			1	2 REQUIRED KATA	3	4 REQUIRED KATA
5	6 REQUIRED KATA	7 BELT TESTING NO REGULAR CLASSES	8 REQUIRED KATA	9	10 REQUIRED KATA	11
12	13 LEARN A BLACKBELT KATA	14 REQUIRED KATA	15	16 REQUIRED KATA	17 PARENTS HOLD THE PADS	18 ADULT 10-11AM CLASS ONLY ALL KIDS CLASSES CANCELLED FOR SPECIAL CEREMONY
19 HAPPY FATHER'S Day	20 REQUIRED KATA	21 STRENGTH TRAINING WITH KYOSHI! @ 6:30	22 REQUIRED KATA	23	24 REQUIRED KATA	25 TOURNAMENT SPARRING SIGN UP IN THE OFFICE
26	27	28 REQUIRED KATA	29	30 REQUIRED KATA		

WEEK STRIPE

JUNE 21ST
Strength Training with Kyoshi!
 @ 6:30

Special Workshop with Kyoshi Eric!

Special workshop for ages 12 and Up.

Please register in the office if you wish to attend.

JUNE 2022

905.475.0044



www.nksmarkham.com