



November 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
Prep Week: Basics, Kata and Self-Defense						Kumite (Sparring)
7	8	9	10	11	12	13
 STRIPE WEEK...STRIPE WEEK...STRIPE WEEK...						
	Pre/Masters: Weapon: Bo and Oar		Pre/Masters: Weapon: Sai			Pre/Masters: Junior: Short Stick Adults: Knife
14	15	16	17	18	19	20
Bully Proof Week! Guests welcome!						
21	22	23	24	25	26	27
	Kumite (Sparring)	Kata Review/Preview		BELT GRADUATION:  Special Schedule		Kicks Kicks Kicks
			Pre/Masters: Tonfa			
28	29	30	Bully Proof Week: All week we will be covering strategies to empower and educate our students on how to defend themselves against bullying in all its forms. Students are welcome to invite a guest to classes during our Bully Proof Week. To invite a guest please contact Shihan			
	Be a Sensai	Kumite (Sparring)				



*Graduation Schedule TBA