

Northern Karate Schools Ajax Class Schedule

338 Rossland Road East Ajax, ON L1Z 0L9 Tel: 905.683.0777 Email: ajax@northernkarate.com

**Effective:
November 22, 2021**



STUDENT CREED

I promise to become the best possible person I can be.

With honesty in my heart, confidence in my mind, and strength in my body.

I will achieve excellence, and share it with others.

What is your goal?
Black Belt Excellence!

What is your Quest?
Personal Best!!!

Dojo Etiquette

- Teachers should be called by their teaching title: Sensei, Renshi or Shihan.
- Bow (rei) before entering the dojo
- Arrive 5-10 minutes prior to your class and.
- Shoes/boots/coats must be placed in the cubbies provided. Bags should be placed in their designated area.
- Parents are responsible for their children outside of their class times and must be prompt in picking them up after class!
- Uniforms must be clean, odour-free and in good repair with a school crest affixed to the left side.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>Kids Classes</u>	<u>Kids Classes</u>	<u>Kids Classes</u>	<u>Kids Classes</u>	<u>Kids Classes</u>
WHITE BELTS Ages 4 to 6 4:25 - 4:55 pm	WHITE BELTS Ages 4 to 6 4:25 - 4:55 pm	WHITE BELTS Ages 4 to 6 4:25 - 4:55 pm	BBM GREEN - BLUE ADV. 4:25 - 5:05 pm	WHITE BELTS Ages 4 to 6 4:25 - 4:55 pm
BBM YELLOW - ORANGE ADV. 4:55 - 5:35 pm	BBM GREEN - BLUE ADV. 4:55 - 5:35 pm	BBM YELLOW - ORANGE ADV. 4:55 - 5:35 pm	WHITE BELTS Ages 4 to 6 5:05 - 5:35 pm	BBM YELLOW - ORANGE ADV. 4:55 - 5:35 pm
PRE-MASTERS PURPLE - PURPLE ADV. 5:35 - 6:20 pm	MASTERS BROWN - BROWN ADV. 5:35 - 6:20 pm	PRE-MASTERS PURPLE - PURPLE ADV. 5:35 - 6:20 pm	MASTERS BROWN - BROWN ADV. 5:35 - 6:20 pm	WHITE BELT Ages 7 + 5:35 - 6:05 pm
MASTERS BLACK BELTS 5:35 - 6:20 pm	WHITE BELTS Ages 7 + 6:20 - 6:50 pm	MASTERS BLACK BELTS 5:35 - 6:20 pm	WHITE BELTS Ages 7 + 6:20 - 6:50 pm	BBM GREEN - BLUE ADV. 6:05 - 6:45 pm
WHITE BELTS Ages 7 + 6:20 - 6:50 pm	BBM YELLOW - ORANGE ADV. 6:50 - 7:30 pm	WHITE BELTS Ages 7 + 6:20 - 6:50 pm	BBM YELLOW - ORANGE ADV. 6:50 - 7:30 pm	PRE-MASTERS PURPLE - PURPLE ADV. 6:45 - 7:30 pm
MASTERS BROWN - BROWN ADV. 6:50 - 7:35 pm	PRE-MASTERS PURPLE - PURPLE ADV. 7:30 - 8:15 pm	MASTERS BROWN - BROWN ADV. 6:50 - 7:35 pm	PRE-MASTERS PURPLE - PURPLE ADV. 7:30 - 8:15 pm	MASTERS BLACK BELTS 6:45 - 7:30 pm
BBM GREEN - BLUE ADV. 7:35 - 8:15 pm	MASTERS BLACK BELTS 7:30 - 8:15 pm	BBM GREEN - BLUE ADV. 7:35 - 8:15 pm	MASTERS BLACK BELTS 7:30 - 8:15 pm	MASTERS BROWN - BROWN ADV. 7:30 - 8:15 pm
<u>Adult Classes</u>	<u>Adult Classes</u>	<u>Adult Classes</u>	<u>Adult Classes</u>	<u>Adult Classes</u>
NOVICE 8:15 - 8:55 pm	NOVICE 8:15 - 8:55 pm	NOVICE 8:15 - 8:55 pm	NOVICE 8:15 - 8:55 pm	NOVICE 8:15 - 8:55 pm
BBM 8:15 - 9:15 pm	BBM 8:15 - 9:15 pm	BBM 8:15 - 9:15 pm	BBM 8:15 - 9:15 pm	BBM 8:15 - 9:15 pm
PRE-MASTERS/MASTERS 8:15 - 9:30 pm	PRE-MASTERS/MASTERS 8:15 - 9:30 pm	PRE-MASTERS/MASTERS 8:15 - 9:30 pm	PRE-MASTERS/MASTERS 8:15 - 9:30 pm	PRE-MASTERS/MASTERS 8:15 - 9:30 pm

SATURDAY
<u>Kids Classes</u>
WHITE BELTS Ages 4 to 6 9:00 - 9:30 am
BBM YELLOW - ORANGE ADV. 9:30 - 10:10 am
BBM GREEN - BLUE ADV. 10:10 - 10:50 am
PRE-MASTERS PURPLE - PURPLE ADV. 10:50 - 11:35 am
WHITE BELT Ages 7 + 11:35 am - 12:05 pm
MASTERS BROWN - BLACK 12:05 - 12:50 pm
CANDIDATES' CLASS *INVITE ONLY 12:50 - 2:05 pm
<u>Adult Classes</u>
NOVICE 12:50 - 1:30 pm
BBM 12:50 - 1:50 pm
PRE-MASTERS/MASTERS 12:50 - 2:05 pm
STAFF TRAINING & MEETING 2:30 PM *INVITE ONLY

The Dojo is Closed on Sundays

www.northernkarate.com

Northern Karate Ajax

NKSAjax

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STARS

You can earn a "Personal Best Star Award" when you achieve all 8 of our individual stars:

Attendance, Academics, Conduct, Grading Exam, Leadership, Mind, Service & Spirit!



LAST WEDNESDAY OF EACH MONTH IS GRADING DAY. ALL REGULAR CLASSES ARE CANCELLED