



Dojo Enters Stage 2...

Starting Wednesday, July 7th, we will be growing the size of our in-person classes as outlined by Ontario's move into Stage 2.

It is important that all students check our website for accurate in-person and online schedules to ensure they attend the correct classes.

The Joys of Outdoor Training

ALL of the in-person classes will continue to take place outside, in our front and back parking lots.

- Running shoes are mandatory
- Dress for the weather (t-shirts are okay for warm weather and windbreakers are okay for light drizzle)
- Bring plenty of water
- Please note that outdoor training will be **rain or shine**.

We will send out messages via social media if rain/heat will be an issue. If students do not want to train in light drizzle or warmer weather, please follow our online class schedule and train remotely via Zoom.

Belt Testing Information

EVERY belt testing from now on will be at the dojo **ONLY**.

This means that students who are testing for their belts will need to attend the testing at the dojo in person and **NOT ONLINE**.

This will help us ensure that each student looks their best for these important milestone achievements in their karate training.

MON	TUE	WED	THU	FRI	SAT	SUN
			1 DOJO CLOSED FOR LONG WEEKEND	2 DOJO CLOSED FOR LONG WEEKEND	3 DOJO CLOSED FOR LONG WEEKEND	4
5 NO IN-PERSON OR ONLINE CLASSES	6 BELT TESTING ONLY AT DOJO DURING REGULAR CLASS	7 REQUIRED KATA	8	9 REQUIRED KATA	10 NO ONLINE CLASSES TODAY DUE TO BLACK BELT EVALUATIONS	11
12 NO IN-PERSON OR ONLINE CLASSES	Stripe Week For All Belt Levels					18
19 NO IN-PERSON OR ONLINE CLASSES	20 REQUIRED KATA	21	22 REQUIRED KATA	23	24 REQUIRED KATA	25
26 NO IN-PERSON OR ONLINE CLASSES	27 MASTERS NUNCHAKU INTENSIVE WITH KYOSHI	28 REQUIRED KATA	29	30 REQUIRED KATA	31	

