


# July 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<b>Wednesday Outdoor Class Schedule:</b> 4:00 - Youth White and Yellow Belts 4:35 - Youth Orange to Orange Advanced Belts 5:10 - Youth Green to Blue Belts 5:45 - Youth Blue Advanced to Purple Advanced Belts 6:30 - All Ages Brown to Brown Advanced Belts 7:15 - All Ages Black Belts 8:10 - Adults White to Blue Advanced Belts			O U T D O O R  C L A S S E S	1	2	3	
<b>Dojo Closed Canada Day and Long Weekend</b>						O U T D O O R	
4	5	6		8	9		10
<b>Prep Week: Basics, Kata and Self-Defense</b>							
11	12	13		15	16		17
<b>STRIPE WEEK!...STRIPE WEEK!...STRIPE WEEK!...</b>							
18	19	20		22	23		24
	<b>Create a Kata</b>	<b>Super Hero Day!</b> (Wear your favorite super hero t-shirt or costume)		<b>Clean Kata</b>			
25	26	27		29	30		31
	<b>Sparring Basics</b>	<b>Strong Kicks</b>		<b>BELT GRADUATION:</b>  Special Schedule			<b>Month End Combat Conditioning (Outdoors)</b>



\*Colour Belt Graduation Schedule:  
 Graduation times will be posted the week before the graduation