



# NORTHERN KARATE SCHOOLS - AURORA

15420 Bayview Avenue, Aurora ON

aurora@northernkarate.com

**Effective  
JULY 19<sup>th</sup> 2021**

Please book your class through the student portal: [auroranks.com](http://auroranks.com)

**905-726-8886**

MONDAY	TUESDAYS	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	12-1:00 pm Adult All Belt		12-1:00 pm Adult All Belt		9:30 - 10:00 am Novice
<b>KIDS CLASSES</b>					
3:45 - 4:15 pm Novice	3:45 - 4:30 pm BBM	3:45 - 4:15 pm Novice	3:45 - 4:30 pm BBM	3:45 - 4:15 pm Novice	10:15 - 11:15 am Adults Masters
4:15 - 5:00 pm BBM	4:30 - 5:15 pm Masters and Pre Masters	4:15 - 5:00 pm BBM	4:30 - 5:15 pm Masters and Pre Masters	4:15 - 5:00 pm BBM	10:15 - 11:00 am Adults All Belt
5:00 - 5:45 pm Masters and Pre Masters	5:15 - 5:45 pm Novice	5:00 - 5:45 pm Masters and Pre Masters	5:15 - 5:45 pm Novice	5:00 - 5:45 pm Masters and Pre Masters	10:15 - 11:00 am Prep Class
5:45 - 6:15 pm Novice	6:00 - 6:45 pm Masters and Pre Masters	5:45 - 6:15 pm Novice	6:00 - 6:45 pm Masters and Pre Masters	5:45 - 6:15 pm Novice	11:30 - 12:15 pm BBM
6:25-7:10 pm BBM	6:45 - 7:15 pm Novice	6:25 - 7:10 pm BBM	6:45 - 7:15 pm Novice	6:25 - 7:10 pm BBM	12:30 - 1:15 pm Masters and Pre Masters
7:15 - 8:00 pm Masters and Pre Masters	7:15 - 8:00 pm BBM	7:15 - 8:00 pm Masters and Pre Masters	7:15 - 8:00 pm BBM	7:15 - 8:00 pm Family Class	
<b>ADULT CLASSES</b>					
8:00 - 8:45 pm Adults All Belt	8:00 - 8:45 pm Adults All Belt	8:00 - 8:45 pm Adults All Belt	8:00 - 8:45 pm Adults All Belt	8:00 - 8:45 pm Adults All Belt	
8:00 - 9:00pm Adults Masters	8:00 - 9:00pm Adults Masters	8:00 - 9:00pm Adults Masters	8:00 - 9:00pm Adults Masters	8:00 - 9:00pm Adults Masters	

## NORTHERN KARATE SCHOOLS' STUDENT CREED

I promise to become the best possible person I can be. With honesty in my heart, confidence in my mind and strength in my body, I will achieve EXCELLENCE and share it with others.

What is your goal?  
**Black Belt Excellence**

What is your quest?  
**Personal Best**

### In Person Protocol

1. Stay home if you are sick
2. Come early and In your uniform.
3. Please make a line outside and the staff will let you in
4. Stay in your designated area
5. Mask only on partner drills
6. Bring a filled water bottle

### Online class Protocol

1. Log in 5 mins early and stay in class
2. All cameras should be on
3. Wear your uniform and belt
4. Train like you do at the dojo
5. If you have a question raise you hand and wait to be acknowledge (do not disrupt the class in progress)

Zoom meeting ID **88171215374**  
Call us for Password



For up-to-date  
Announcements  
check our  
facebook Page  
Northern Karate  
Aurora  
or Instagram  
@NKSAurora