



July 2021 

Northern Karate Schools -Steeles Dojo









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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>“The most important thing is to keep going. The second most important thing is to choose the right direction. Your Sensei is there to help you with both.”</p>				CANADA DAY DOJO CLOSED ¹	NUNCHAKU NIGHT ² 	Curriculum Specific Class ³
4	5	6	7	8	9	10
		Kata Curriculum			Weapon Curriculum	Curriculum Specific Class
STRIPE WEEK STRIPE WEEK						
11	12	13	14	15	16	17
	Precision With Ping Pong balls 	ICE CREAM AFTER ALL CLASSES! 	 KRAZY KAMA	ODD # KARATE: KATA + SD	FLIGHT SCHOOL FRIDAY: JUMP HICKS!	Curriculum Specific Class
18	19	20	21	22	23	24
	SNEAK PEEK: LEARN A HIGHER KATA	Curriculum Self Defense	WEAPONS WORKSHOP WEDNESDAY	KARATE USING RACKETS	SPARRING 101 	Curriculum Specific Class
25	26	27	28	29	30	31
	SPEED + REACTION DRILLS	TEKKO TUESDAY 	EVEN # KARATE: KATA + SD	Curriculum Self Defense	GRADING ALL CLASSES CANCELLED	CIVIC HOLIDAY WEEKEND DOJO CLOSED

REMINDERS

DOJO CLOSED:

Thurs. July 1st
Canada Day

Sat. July 31st—Mon.
Aug 2nd
Civic Holiday
Long Weekend

ICE CREAM NIGHT:

Tues. July 13th

Come out for class
and enjoy some ice
cream after as a little
thank you from us!

Colour Belt Grading:

Fri. July 30th

Children: 4:30pm
Adults: 5:15pm

No regular classes
in-person or on Zoom
due to Grading