


January 2021

*"There are only two days in the year that nothing can be done. One is called Yesterday and the other is called Tomorrow, so **TODAY** is the right day to love, believe, do and mostly live." - The Dalai Lama*

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
					DOJO CLOSED	
3	4	5	6	7	8	9
DOJO CLOSED		CLASSES RESTARTED!	BACK to BASICS			
10	11	12	13	14	15	16
STRIPE WEEK!...STRIPE WEEK!...STRIPE WEEK!...STRIPE WEEK!...						
17	18	19	20	21	22	23
	Quick hands and angles	Clean stances	Balance	Kicks!		Be a Sensei
24	25	26	27	28	29	30
	Kata Review and Preview Bunkai in Master's classes			BELT GRADUATION  Special Schedule		Combative Movement
31						



***Colour Belt Graduation Schedule:**
Graduation times will be posted the week before the graduation