



New! CLASS SCHEDULE



#NKS RICHMONDHILL   

11160 Yonge St, Richmond Hill, ON L4S 1H5

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Effective: OCTOBER 19th, 2020

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

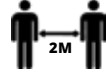
Let's work together to create a safe environment. A few reminders:

12:30—1:15PM
ADULT ALL BELTS
12:30—1:45PM
BBM, MASTERS

DON'T FORGET
YOUR MASK!



PHYSICAL
DISTANCING



WASH YOUR
HANDS



STAY HOME IF
YOU'RE SICK



WE SANITIZE AFTER
EVERY SESSION



9:00—9:30AM
KIDS
WHITE, YELLOW,
ADV. YELLOW BELTS

4:00—4:30PM
KIDS
WHITE, YELLOW,
ADV. YELLOW BELTS

4:00—4:35PM
KIDS
ORANGE, GREEN,
BLUE BELTS

12:30—1:15PM
ADULT ALL BELTS
12:30—1:45PM
BBM, MASTERS

3:55—4:35PM
JUNIOR MASTERS

4:00—4:40PM
JUNIOR PRE
MASTERS/MASTERS
WEAPONS WORKSHOP

9:40—10:15AM
KIDS
ORANGE, GREEN,
BLUE BELTS

4:40—5:15PM
KIDS
ORANGE, GREEN,
BLUE BELTS

4:45—5:25PM
KIDS
ADV. BLUE, PURPLE,
ADV. PURPLE BELTS

4:00—4:40PM
KIDS
ADV. BLUE, PURPLE,
ADV. PURPLE BELTS

4:45—5:15PM
** in person only*
KIDS
WHITE, YELLOW,
ADV. YELLOW BELTS

4:50—5:20PM
KIDS
WHITE, YELLOW,
ADV. YELLOW BELTS

10:25—11:05AM
KIDS
ADV. BLUE, PURPLE,
ADV. PURPLE BELTS

5:25—6:05PM
KIDS
ADV. BLUE, PURPLE,
ADV. PURPLE BELTS

5:35—6:15PM
JUNIOR MASTERS

4:50—5:30PM
JUNIOR MASTERS

5:25—6:05PM
JUNIOR
BLACK BELTS

5:30—6:05PM
KIDS
ORANGE, GREEN,
BLUE BELTS

11:15—11:55PM
JUNIOR MASTERS

6:15—6:55PM
JUNIOR MASTERS
6:15—6:55PM
JUNIOR
BLACK BELTS

6:25—7:05PM
JUNIOR
BLACK BELTS

4:50—5:30PM
JUNIOR
BLACK BELTS

6:15—6:45PM
KIDS
WHITE, YELLOW,
ADV. YELLOW BELTS

6:15—6:55PM
KIDS
ADV. BLUE, PURPLE,
ADV. PURPLE BELTS

12:05—12:45PM
JUNIOR
BLACK BELTS

7:05—7:45PM
** in person only*
JUNIOR MASTERS

7:15—7:45PM
KIDS
WHITE, YELLOW,
ADV. YELLOW BELTS

5:40—6:20PM
** in person only*
JUNIOR MASTERS

6:55—7:30PM
KIDS
ORANGE, GREEN,
BLUE BELTS

7:05—7:45PM
JUNIOR MASTERS
7:05—7:45PM
JUNIOR
BLACK BELTS

1:00—2:10PM
SANDAN CLASS

8:00—8:45PM
ADULT NOVICE, BBM
8:00—9:00PM
ADULT MASTERS

8:00—9:00PM
ADULT MASTERS

6:30—7:00PM
KIDS
WHITE, YELLOW,
ADV. YELLOW BELTS

7:40—8:20PM
KIDS
ADV. BLUE, PURPLE,
ADV. PURPLE BELTS

8:00—8:45PM
ADULT NOVICE, BBM
8:00—9:00PM
ADULT MASTERS

2:20—3:00PM
ADULT NOVICE BBM
2:20—3:20PM
ADULT MASTERS

7:10—7:45PM
KIDS
ORANGE, GREEN,
BLUE BELTS

8:30—9:30PM
ADULT MASTERS

8:00—8:45PM
ADULT NOVICE, BBM
8:00—9:00PM
ADULT MASTERS



TEAM
Northern
Karate
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NORTHERNKARATE.COM



ALL CLASSES
AVAILABLE ON ZOOM.

**UNLESS
OTHERWISE NOTED*