

Northern Karate Markham

2020 Fall Class Schedule ~ effective September 8th 2020*
*subject to change regularly

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3:30 - 4:00 Kids Novice	3:30 - 4:10 Kids BBM-1 Group 1 ONLY	3:30 - 4:10 Junior Masters	3:30 - 4:10 Kids BBM-2 Group 2 ONLY	3:30 - 4:10 Junior Masters	10:00 - 10:50 Adult All Belts
4:20 - 5:00 Kids BBM-1 Group 1 ONLY	4:20 - 5:00 Purple & Adv Purple	4:20 - 5:00 Kids Novice	4:20 - 5:00 Junior Masters	4:20 - 5:00 Kids BBM-2 Group 2 ONLY	10:00 - 10:50 Adult/Youth BlackBelts
5:10 - 5:50 Kids BBM-2 Group 2 ONLY	5:10 - 5:50 Brown & Adv Brown	5:10 - 5:50 Kids BBM-1 Group 1 ONLY	5:10 - 5:50 Kids BBM-1 Group 2 ONLY	5:10 - 5:40 Kids Novice	10:00 - 10:50 BlackBelt Prep
6:00 - 6:40 Junior Masters	NEW 5:10 - 5:50 BlackBelt Prep	6:00 - 6:40 Kids BBM-2 Group 2 ONLY	6:00 - 6:40 Junior Masters	6:00 - 6:40 Kids BBM-1 Group 1 ONLY	11:00 - 11:30 Kids Novice
6:50 - 7:30 Kids BBM-1 Group 1 ONLY	6:00 - 6:30 Kids Novice	6:50 - 7:30 Kids BBM-1 Group 1 ONLY	NEW 6:00 - 6:40 BlackBelt Prep	6:50 - 7:30 Junior Masters	11:50 - 12:30 Kids BBM-1 Group 1 ONLY
7:40 - 8:40 Adult All Belts	6:50 - 7:30 Kids BBM-2 Group 2 ONLY	7:40 - 8:40 Adult All Belts	6:50 - 7:20 Kids Novice	NEW 6:50 - 7:30 BlackBelt Prep	12:40 - 1:20 Kids BBM-2 Group 2 ONLY
7:40 - 8:40 Adult/Youth BlackBelts	7:40 - 8:40 Adult/Youth BlackBelts	7:40 - 8:40 Adult/Youth BlackBelts	7:40 - 8:40 Adult/Youth BlackBelts	7:40 - 8:40 Adult All Belts + Adult/Youth BlackBelts	1:30 - 2:10 Junior Masters
	8:40 - 9:30 Adult All Belts		8:40 - 9:30 Adult All Belts		

Class Legend

Kids Novice = white belts

Kids BBM-1 = yellow belts
adv yellow belts
orange belts
adv orange belts

Kids BBM-2 = green belts
adv green belts
blue belts
adv blue belts

Junior Masters = purple to adv brown belts

Adults All Belts = white to adv brown belts

Adult/Youth BlackBelts = Shodan and higher

905
475
0044

DOJO ETIQUETTE

- Arrive 5-10 minutes before your class starts.
- Students, parents and guests **MUST** place their shoes in the cubbies provided.
- Refrain from excessive noise in the viewing area. This is very disruptive to the class and our students.
- Keep all areas of the dojo (including changerooms and bathrooms) tidy. Report any issues to the office or a staff member.
- Keep **all children off the gym equipment** - for everyone's safety.
- **Be courteous while parking.** If you are having problems finding a spot, just ask us and we can give you some parking options.
- Parents are responsible for their children outside of their class times. Please be prompt in picking them up after class. We do not have the means of minding them outside of class time.
- Students must bow before entering and leaving the dojo floor.
- BBM and Masters students are responsible for bringing their equipment (sparring gear, weapons) to each class.
- All students must **come to class dressed in the proper uniform**, and must present a clean appearance (no rips or mis-matched clothing).
- Students looking for extra help can always ask a teacher at the end of class.

STUDENT CREED

I promise,
To become,
The best possible person I can be.

With honesty in my heart,
Confidence in my mind,
And strength in my body.

I will achieve excellence,
And share it with others.

What is your goal?
Black Belt Excellence

What is your quest?
Personal Best

You can look up the schedule and monthly calendar any time by visiting www.nksmarkham.com

- Select **"Schedule"** at the top/right of the main page and both the schedule and calendar options will appear



BELT GRADUATION TIMES

(First Tuesday of each Month)

5:30 ~ graduating to the following belts:
Yellow
Advanced Yellow

6:15 ~ graduating to the following belts:
Orange
Advanced Orange
Green
Advanced Green
Blue

7:00 ~ graduating to the following belts:
Advanced Blue
Purple
Advanced Purple
Brown
Advanced Brown

7:30 ~ Adults graduating to:
ALL Adult Belt Levels

